

Wellness Spending Account List of Eligible and Ineligible Items

Books/Videos/Subscriptions	Eligible	Ineligible
Fitness/wellness instructional publications, subscriptions, videos	✓	
Hobby publications and books	✓	
Courses		
Hobby Courses, Personal Interest Courses	✓	
Symposiums, seminars, conferences	✓	
Health and Fitness		
Clothing, footwear	✓	
Fitness Equipment (includes equipment typically found in a commercial fitness facility i.e. stationary equipment, yoga mats/balls, exercise tubing, free weights, etc.)	✓	
Supplies for leisure, sporting and hobby activities (e.g. artist brushes, hockey sticks, woodworking equipment)	✓	
Health or nutritional education program costs	✓	
Organized fitness lesson fees (e.g. aerobics, aqua size, swimming lessons, yoga, martial arts, etc.)	✓	
Organized dance lessons	✓	
Music, singing, drama classes	✓	
Fitness facility fees	✓	
Personal training sessions	✓	
Sports fees (e.g. golf, curling, hockey, etc.)	✓	
Nutritional supplements		✓
Dietary program fees	✓	
Alternative medicine treatments or eyewear (e.g. massage, acupuncture, hypnosis, glasses, etc.)		✓
Entertainment		
Cultural or recreational purposes (e.g. symphony, sporting events)		✓
Digital media devices such as Blackberry, Satellite Radio, Cell Phones, Wii Game System, etc.		✓
Digital media devices and programs such as Wii Fit, Big Brain and similar items	✓	
Computers (including laptops, e-readers, notebooks, tablets)	✓	
Membership Fees		
Club memberships (i.e. golf, curling, hockey, fitness)	✓	
Professional memberships	✓	
Other		
Purchases for others		✓
Repair Bills		✓
Spa treatments, massage, pedicures, manicures, etc.		✓
Rental fees for eligible health & fitness initiative items		✓
Interest and financing charges		✓

This list is not all inclusive but provides a guideline for approval of applications for support.♦

